



Eileen
Filliben



Thought Leader,
Speaker, Facilitator,
Coach, Author

SPEAKING TOPICS



Overview:

As the most complex structure in the universe, the brain can be wired in ways that impede - or enhance - our ability to handle change, uncertainty, and setbacks. Eileen Filliben engages and empowers audiences with her cutting-edge **Rewire Go Higher™** framework.

Combining her inspiring story of courage and recovery and her leadership expertise with the latest in neuroscience research, Eileen helps individuals, leaders, and teams:

- Harness the power of the brain
- Reframe challenges as opportunities
- Build sustainable resilience
- Advance with clarity and confidence

Key Take-Aways:

- Neurons that fire together wire together. The same is true of thoughts and behaviors.
- Life rarely unfolds in the straight line we were expecting or hoping for.
- Autopilot is the thief of empowerment.
- Sometimes the best opportunities are disguised as problems.
- Resilience is a team sport.

OTHER SPEAKING / WORKSHOP TOPICS

Threatened by AI? EQ is the New Superpower in the Workplace

Executive Presence Isn't Just for Executives: Cultivate a Personal Brand that Exudes Confidence, Credibility, and Composure

BIOGRAPHY

Is the uncertainty of today's environment hurting morale or dampening momentum at your organization? Are you or your teams feeling stuck? Or could your group simply benefit from learning science-backed tools for navigating change and building resilience? Let Eileen Filliben be your guide.

During her successful career as an attorney, strategic HR consultant, and senior executive, Eileen was sidelined with major health issues including:

- Breast cancer twice by age 42
- 15 major surgeries
- Debilitating chronic back and migraines
- Depression and PTSD

Her journey back to health included a deep dive into the mind-body connection and research on the neuroplasticity (changeability) of the brain. Applying what she learned, Eileen developed the groundbreaking **Rewire Go Higher™** framework which synthesizes key lessons from cutting-edge neuroscience research and proven best practices in leadership.

Eileen now shares her lived experiences and professional expertise in data-rich and engaging keynotes and workshops. She combines her inspiring story of courage and tenacity, her extensive leadership experience, and the latest in neuroscience to help individuals, leaders, and teams overcome obstacles and uncertainty, build sustainable resilience, and move forward with clarity and confidence. In short, Eileen provides science-backed tools that empower audiences to rewire for success.

Given her extensive experience with the healthcare system, Eileen is also passionate about patient advocacy and bringing the patient POV to drive improvement in experiences and safety.

"A natural leader and gifted speaker, Eileen has a compelling presence on and off the stage. Sharing her powerful stories. . . she gives unique and invaluable insights."